



Sonoma County Aging & Disability Commission Meeting

Minutes

Wednesday, October 16, 2024 | 1:00pm – 3:00pm

Carnelian Conference Room, 3725 Westwind Blvd. Santa Rosa 95403

In-person Attendance: Deanna Shaat, Jenny Helman, Trayce Beards, Robin Thompson, Monte Cimino, Rick Baum, Sandra Hoevertsz, Terry Kelley, Erick Larson, Suzanne Edwards, Alain Serkissian, Diane Spain (Zoom), Don Streeper (Emeritus Member)

Absent: Priyanka Varma, Jaime Peñaherrera

Staff Attendance: Sara Avery, Paul Dunaway, Annie Silverman, Cassandra Denson.

1. Welcome and Introductions (Helman) (1:00pm)

2. Approval of Minutes (9.18.2024)

Minutes approved with edits for 9.18.24.

- Edits to the Minutes: 1-3 pm time change, Cindy Scarbough a guest on Zoom, Alain was Absent.

3. Chair Updates (Helman)

Commission Engagement for National Family Caregiver Month

- Commissioners have been assigned service providers to interview.
- Share with service providers that this is not a contract monitoring.
- The presentation on the providers will be held in the November Commission meeting.

Membership Updates:

- Kerrily Beaton and Larry McCabe have resigned as Commission members.

4. Director/Staff updates (Dunaway/Avery/Huntsperger)

Program Manager Recruitments Updates

- Introduced Joni Huntsperger as MPA Program Manager
- Cody Millner has been hired as the Community Services Program Manager.

Master Plan on Aging (MPA) Kick-Off Meeting Report

- All 5 Board of Supervisors Members attended along with Aging & Disability Commissioners and MPA Steering Committee members.
- Joni Huntsperger has been collecting interest cards/contacts.

Next Steps with MPA

- Joni Huntsperger is reviewing the priorities of the Master Plan for Aging.
- Action Committees will be formed around the priorities. The general size would be 6-10 participants with room for adjustments.



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- Aging Together Committee will be shifting to become the leadership board for the Master Plan for Aging.

MOW Waitlists

- Annie Silverman has begun an evaluation to gather information on challenges, impact, strategies, and solutions. She is working with the providers during this process. Evaluation is expected to be available at the January Commission meeting.

5. Presentation: AgeWell PACE, Program of All-Inclusive Care for the Elderly (Susana Avila)

- Full PowerPoint presentation slides are available upon request.
- The PACE facility is located in Rohnert Park.
- Offer full primary medical service along with transportation to and from appointments.
- Open House Monday, October 21st.

6. Public Comment and Council Member Open Forum

Jamie Escoubas, COA: Invites Commissioners and others to the November 6th listening session with Council on Aging to gather community input regarding Spanish-speaking services for memory and dementia care.

Marianne McBride, COA: Council on Aging is signing a contract with Kaiser as a strategy to provide medically tailored Meals on Wheels.

Emily Heinzelman, WCCS: West County Community Service now has a Spanish-speaking counselor on staff to provide service in Spanish to West County.

Daphne Scott, PPSC: Petaluma People Services Center is offering 4 dementia training sessions. These will be offered live on Teams and will be recorded for people who wish to watch later.

Erick Larson, Commissioner:

- Appreciation to those who participated in the Golden Harvest Senior Resource Fair.
- Participated in the CA Day of Action for the state Master Plan on Aging (MPA). Progress has moved into the implementation of the state MPA. Focusing on Homelessness Prevention.
- Sonoma City Council reviewed land usage, Erick attended to speak about the need for affordable senior housing and the MPA priorities. Recommends that the Commission should be reminding City Councils of the MPA/Commission goals and priorities.

Robin Thompson, Commissioner: Voting centers will have trained staff and specific machines that are designed for people with disabilities. Call the Register of Voters office for more information.

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7. Standing & Ad Hoc Committee Report - Action (Helman)

Ad Hoc Committee: Special Projects

- Trayce Beards presented the goals/role of the Special Projects Ad Hoc Committee.
- Interested Members: Dianna Shaat, Terry Kelley, Erick Larson, Robin Thompson (Co-Leader), Diane Spain, Trayce Beards.
- Time Limit: October – December
- Task: To create a calendar of activities and a template for how to organize around that.

8. FY24-25 Priorities: Next Steps Discussion (Helman/Thompson)

- Priority focus on Housing for all aging and stages, Health reimagined, Inclusion & Equity- not isolation, Caregiving that works, and Affording Aging.
- Reviewed individual strategies outlined in the Area Plan that the Commission would be involved in.
- What's Next:
 - A&A Staff can provide fact sheets and additional data/information to the Commission on topics they wish to address.
 - Giving Voice to the different plans and priorities of the Commission, MPA, and Area Plan that represents the diverse community.
 - Spread awareness to the community.
 - Identify gaps in services.
 - Include ongoing agenda topic to share ongoing commission work towards the Area Plan and MPA.
 - Sara Avery and Joni Huntsperger can develop a tool to capture the ongoing work.

9. Adjourn (3:05pm)

Supplemental materials related to an agenda item are available for public inspection during normal business hours at the Adult & Aging Office, 3725 Westwind Blvd., Suite 101, Santa Rosa. All listed times are approximate and subject to change. Agenda items are scheduled for consideration by the Aging & Disability Commission, which may or may not choose to act. Breaks may be called at the discretion of the Chair. If you need any accommodations to effectively participate, please contact aaa@schsd.org or (707) 565-5238 at least 48 hours prior to the meeting.

To submit items for the AAA Newsletter, or to receive the AAA Newsletter: AAA@schsd.org

Upcoming Aging & Disability Commission meetings:



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- Aging & Disability Commission, Executive Committee Meeting: November 12, 2024 (11:00am)
 - Aging & Disability Commission Meeting: November 20, 2024 (1:00pm)
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