



MPA Health Action Team Minutes

June 10, 2025, 1:00 – 2:30 pm

Zoom - <https://zoom.us/j/98188179495?pwd=kU9dygavd2Wptn1yXl6mLY4VP1Qfpr.1>
or in person at 5401 Old Redwood Hwy

Attendees: *Andrea Garfia, Cheryl Jern, Helen Meyers, Leigh Andrews, Nichole Warwick, Suzanne Edwards, Trayce Beards, Benjamin Spierings, Railey Album, Jessica Galindo, Tracey Rose*

1:30 Welcome

- Introductions, participants joined via individual Zoom links and via group Zoom hosted by Healthy Petaluma

1:35 Root Cause Analysis (RCA)

- The Action Team reviewed data on the links between race and health and social connections and health that informed the May RCA.
- Action Team review and added to RCA completed in May for strategy 3.2:
 - Develop and expand mental and behavioral health services including through formal services and peer support groups. (programmatic)
 - Hot Roots included:
 - Cultural Norms; “My therapist doesn’t look like me” – because of age or race
 - Institutional distrust – systems aren’t designed to build interpersonal/social connections
 - Perceived lack of legitimacy of peer support groups
 - Access barriers including technology and language
 - TRUST – the group highlighted that across all these roots there is a deeper root of distrust.
- Action Team completed RCA for 3.1:
 - Foster collaboration between healthcare entities and community organizations to provide coordinated care that addresses health and social service needs. Year one will have a mental/behavioral health focus. (systems)
 - Hot Roots included:
 - Hospitals (Kaiser, Sutter, Providence, any federally qualified health center) have the greatest resources and need to carry more of the burden for community connection
 - Need to foster collaboration between CBOs – there is a lot of competition

- Resources access – technology is a challenge – finding service and for telehealth
- Distrust in systems, need trusted messengers to support older adults

2:55 **Next Steps/Closing**

Meeting Outcomes:

- Root cause analyses are completed for strategies 3.1 and 3.2
- Hot Roots are identified for both priority strategies