



MPA Health Team Minutes

April 8, 2025, 1:00 – 2:30 pm

3725 Westwind Blvd, Santa Rosa, Emerald Room

Attendees: Annemarie Brown, Cheryl Jern, Helen Meyers, Nichole Warwick, Sara Avery, Suzanne Edwards, Trayce Beards, Benjamin Spierings, Railey Album, Jessica Galindo, Tracey Rose

1. Welcome

- a. What health related need for older adults do you feel most passionate about?

2. Review, refine, and adopt prioritized strategies for implementation

- Action Team members voted to adopt strategy 3.1 with a focus on mental health for year one.
 - This will include a programmatic component focused on expanding existing peer support groups to new communities.
 - Implementation will prioritize peer support, education, and training.

3. Racial Equity Foundations Training Review

- a. Participants shared take-aways from REF Training and reviewed key data points including the California Department of Finance population projections and the Portrait of Sonoma.

4. Workshop: Identifying Root Causes for Action

- a. Participants reviewed the structure of a root cause analysis in preparation for the May meeting.

Meeting Outcomes:

- Action Team members adopted one strategy to focus on for year one implementation.
- Action Team members discussed how they might lead with equity.
- Action Team members increased familiarity with a Root Cause Analysis process.